



COVID-19 Testing Now Available in Dorchester

1. Have you had a new fever, sore throat, cough, runny nose or nasal congestion, shortness of breath, muscle aches, or loss of the sense of smell?
2. Are you **15** years of age or older?

If you answered yes to all of the questions above and are interested in being tested for COVID-19, please note the following:

From **May 12th- May 15th** testing will be done between the hours of **9am - 5pm** at:

Sportsmen Tennis and Enrichment Center

950 Blue Hill Avenue
Dorchester Center, MA 02124

Testing is offered on a walk-in basis only, first-come, first-serve. Testing capacity will be dependent on supply availability.

You **do not** need to be a Brigham patient to be screened. You **will not** be asked about your immigration status. You **do not** have to have health insurance.

Additionally, we'll be distributing care kits that include masks, educational resources and other helpful items. These will be distributed **May 11th - May 16th**, from 9am-5pm. Quantities may be limited and will be distributed on a first-come, first-serve basis.

Please call 211 for information on upcoming screening sites in the other Boston locations.

If you develop emergency warning signs for COVID-19 (trouble breathing, pain or chest pressure, confusion or inability to arouse, bluish lips and face), get medical attention immediately or call 911.

Steps to Stay Safe:



Clean your hands often.

Wash your hands frequently with soap and water for 20 seconds, or use hand sanitizer with at least 60% alcohol. Avoid touching your eyes, nose, and mouth.



Wear a cloth covering over your nose and mouth.

Stay at home, but if you **must** go out (for food, your job, or to a doctor's appointment), cover your nose and mouth with a medical mask, a scarf, or bandana. Always wear a mask or cloth covering **if you are sick**. Make sure the mask fits snugly around your nose and mouth, and is secured with ties or ear loops.



Clean all "high-touch" surfaces every day.

High-touch surfaces include phones, remote controls, counters, tabletops, doorknobs, bathroom fixtures, toilets, keyboards, tablets, and bedside tables. If you don't have cleaning solutions, use a bleach solution of 1/3 cup of bleach per gallon of water. If you are making a smaller batch, use 4 teaspoons of bleach for a quart of water. **WARNING:** Never mix household bleach with ammonia.

Launder items using the warmest water possible.

Do not shake laundry, and disinfect hampers and carrying carts thoroughly.



Food Resources

If you are in need of food, please contact the Food Source Hotline at 1-800-645-8333. The Food Source Hotline is also able to serve deaf callers through its TTY line, 1-800-377-1292. If you are an elder person in need of support or food, contact Ethos at 617-522-6700 or visit www.ethocare.org/coronavirus-covid-19-update-meals-for-older-adults/



Housing Information

If your income has been affected by COVID-19 and you're worried about paying your rent, email housingstability@boston.gov or call 311 or 617-635-4200 for assistance.



Safety Concerns and Support

If you have concerns about your safety or the safety of someone you care about, reach out for information and support:

Domestic Violence

- Passageway 617-732-8753 or 617-732-6660, pager #31808
- SafeLink, Massachusetts Hotline, 1-877-785-2020
- National Domestic Violence Hotline, 1-800-799-7233, TDD 1-800-787-3224

Community Violence

- Boston Neighborhood Trauma Response Team, 617-431-0125
- Boston Area Rape Crisis Center, 800-841-8371

CITY of BOSTON

City of Boston Help Line: 311 or 617-534-5050

Residents are asked not to call 9-1-1 unless you are experiencing a medical emergency. All other COVID-19 questions should be directed to the Mayor's Health Line at 617-534-5050 or 311. The City of Boston and Boston Public Health Commission will also continue to provide updated information on bphc.org and boston.gov/coronavirus.

#WeStayHome